

Maithili Chitnavis is an Associate Professor of Medicine at Wake Forest University School of Medicine in Charlotte, NC. She works at the Atrium Health Center for Digestive Health as an inflammatory bowel disease specialist. She completed her undergraduate training at the University of Virginia followed by medical school at Virginia Commonwealth University School of Medicine/Medical College of Virginia. She went on to complete her internal medicine residency at Vanderbilt University School of Medicine, where she developed an interest in inflammatory bowel disease research. She returned to the University of Virginia for her fellowship in gastroenterology and hepatology, where she also served as Chief Fellow in her final year. She joined the faculty at Virginia Tech - Carilion School of Medicine in Roanoke, VA as an IBD specialist for five years prior to moving to North Carolina. Her interests include clinical trials, side effects of immunosuppressive therapies in IBD, and health maintenance in the IBD population.