

Dr Kara Regan, MD

I am thankful to call North Carolina my home. My training pathway and life experience is somewhat unique. Growing up with multiple family members in the medical field I always had an interest in medicine. As a high school student I received my Nurses Aid Certification and worked as a nurses aid for a local retirement community. I knew I was driven to be in the healthcare field but my path was still uncertain. As a college undergraduate I received my EMT license, and subsequently graduated from East Carolina University with a Bachelor's degree in Biology, Allied Health Sciences and Physician Assistant Studies in 2002. I worked as a Physician Assistant in Gastroenterology for a short period before realizing my passion for GI and therapeutic endoscopy. I then graduated from The Brody school of Medicine at East Carolina University in 2008. Under respected physician mentorship I received my Internal Medicine residency training from the University of Virginia in Charlottesville, VA, followed by completion of my Gastroenterology fellowship training at Washington University in St Louis Missouri in 2014. I remained on faculty at Washington University as an Assistant Professor where I also completed additional training in advanced and therapeutic endoscopy. I returned to Greenville, North Carolina in 2016 to be closer to family and help serve our community.

I currently serve as the Assistant Director for our GI fellowship program, and Assistant Director for our Advanced GI Fellowship program at ECUHealth. I enjoy teaching and mentoring. I have active roles in several committees within our Hospital system and GI division. In my spare time I enjoy raising my three young children, two dogs, two ferrets and bearded dragon. I'm a girl scout mom and Co-Troop leader, and try to stay active with what is going on in our schools and community. In 2021 I was happy to accept a position as a board member for the North Carolina GI Society. I am looking forward to serving our state and region, and working with the amazing physicians we have in our organization.