

# UPDATED MANAGEMENT OF ULCERATIVE COLITIS

## A Longitudinal Program for Gastroenterology Trainees

A 12-WEEK VIRTUAL SERIES  
STARTING JULY 7, 2020



## DESCRIPTION

Among its other wide-reaching impacts, the Coronavirus pandemic has also interfered with the ongoing care of IBD patients. Closures of outpatient clinics and, consequently, lack of access to treatment have been key factors. Circumstances such as job loss have also contributed to ever sicker IBD patients, particularly those with ulcerative colitis (UC).

This 12-week, virtual, longitudinal curriculum on the management of ulcerative colitis (UC) is designed with the needs of gastroenterology trainees in mind. Through a total of 24 one-hour sessions, the program will promote a better understanding of UC management for trainees and address a continuum of care from the mild to severe patient, including care for special populations. In addition, this course will specifically discuss the appropriate implementation of telehealth and the delivery of outpatient care to prevent disease complications. By completing this comprehensive and applicable curriculum on UC, trainees will gain critical knowledge that they can immediately implement into their practice.

Each week, program content will be offered in two parts:

### Part 1: Didactic Lecture (Tuesdays at 8:00 pm EST)

- Each lecture will address a particular aspect of UC management. Faculty will answer moderated questions from trainees.

### Part 2: ECHO® Session (Thursdays at 8:00 pm EST)

- Each ECHO® (Extension in Community Healthcare Outcomes) will consist of virtual, case-based discussions with faculty. This format will solidify and expand upon the didactic session's content, while building a community of practice among physicians.

**Participants may select any or all of the sessions to attend, but are encouraged to attend both sessions each individual week** (i.e., the didactic lecture and the subsequent ECHO® session). Educational credit certificates will be provided to participants per each session they attend.

This program is offered principally by the faculty of the University of North Carolina at Chapel Hill, which houses an internationally-renowned inflammatory bowel disease center, and includes faculty members who are authors of three recent guidelines on inflammatory bowel disease. The course directors are: Dr. Millie Long—a current gastroenterology and hepatology program director—and Dr. Hans Herfarth—Co-director of UNC's Multidisciplinary IBD center. In addition, this program will feature nationally recognized experts from IBD centers around the United States who will deliver content in their areas of expertise.

## AUDIENCE

Physicians, PAs, and NP Trainees in Gastroenterology

[CLICK HERE TO REGISTER](#)

## A 12-WEEK VIRTUAL SERIES STARTING JULY 7, 2020!

<b>LOCATION</b>	Join live via webinar (Zoom platform)
<b>DATES</b>	July 7, 2020 – September 24, 2020 (Didactic Lecture on Tuesday each week) (ECHO® Session on Thursday each week)
<b>TIMES</b>	8:00 pm–9:00 pm EST (every Tuesday and Thursday evening)
<b>SERIES FEE</b>	FREE (must register in order to attend)

## OBJECTIVES

Upon completion of this activity, participants will be able to:

- State the epidemiology of ulcerative colitis and demonstrate how to provide accurate diagnosis, including an individualized assessment of disease severity (rather than disease activity)
- Explain and apply the management of mild to moderate ulcerative colitis, including available therapeutics (medical as well as complementary)
- Explain and apply the management of moderate to severe ulcerative colitis, including identifying available medical therapeutics, specifically biologics (including biosimilars) and small molecules (JAK inhibitors)
- Improve the management of the hospitalized, severe ulcerative colitis patient, including the role of colectomy
- Review and implement the latest guidelines for the management of ulcerative colitis, including optimization of therapies and the use of therapeutic drug monitoring
- Describe and integrate the management of special populations: the pregnant patient
- Describe and integrate the management of special populations: the patient with extra-intestinal manifestations
- Describe and integrate the management of special populations: the patient with liver disease (primary sclerosing cholangitis, non-alcoholic fatty liver disease)
- Describe and integrate the management of special populations: the elderly and those with comorbidities and prior malignancy
- Recommend strategies to optimize health maintenance and prevention in patients with ulcerative colitis
- Recognize and select the novel therapies in the pipeline for ulcerative colitis
- Recognize and synthesize best practices surrounding telehealth delivery and shared decision-making in patients with ulcerative colitis

**A 12-WEEK VIRTUAL SERIES STARTING JULY 7, 2020 | SELECT ANY NUMBER OF SESSIONS DESIRED!**

**Epidemiology of Ulcerative Colitis**

Michael D. Kappelman, MD, MPH  
University of North Carolina

**Didactic Lecture** Tues, July 7, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, July 9, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Health Maintenance and Prevention in Inflammatory Bowel Disease**

Millie D. Long, MD, MPH  
University of North Carolina

**Didactic Lecture** Tues, August 4, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, August 6, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Guidelines for the Management of Ulcerative Colitis**

David Rubin, MD  
University of Chicago

**Didactic Lecture** Tues, September 1, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, September 3, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Mild to Moderate Ulcerative Colitis**

Hans H. Herfarth, MD, PhD  
University of North Carolina

**Didactic Lecture** Tues, July 14, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, July 16, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Pregnancy in Inflammatory Bowel Disease**

Uma Mahadevan, MD  
University of California, San Francisco

**Didactic Lecture** Tues, August 11, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, August 13, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Telehealth in Inflammatory Bowel Disease: The New Frontier**

Raymond Cross, MD, MS  
University of Maryland

**Didactic Lecture** Tues, September 8, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, September 10, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Moderate to Severe Ulcerative Colitis**

Kim L. Isaacs, MD, PhD  
University of North Carolina

**Didactic Lecture** Tues, July 21, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, July 23, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Management of Acute Severe Ulcerative Colitis**

Edward L. Barnes, MD, MPH  
University of North Carolina

**Didactic Lecture** Tues, August 18, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, August 20, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**A Focus on Elderly Patients with IBD: Role of Comorbidities and Malignancies**

Bharati Kochar, MD, MSCR  
Massachusetts General Hospital

**Didactic Lecture** Tues, September 15, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, September 17, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Extraintestinal Manifestations of Inflammatory Bowel Disease**

Jonathan Hansen, MD, PhD  
University of North Carolina

**Didactic Lecture** Tues, July 28, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, July 30, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Management of Liver Disease Associated with Inflammatory Bowel Disease**

A. Sidney Barritt, MD, MSCR  
University of North Carolina

**Didactic Lecture** Tues, August 25, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, August 27, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

**Personalized Therapy in Ulcerative Colitis: What's on the Horizon?**

Animesh Jain, MD  
University of North Carolina

**Didactic Lecture** Tues, September 22, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST  
**ECHO® Session** Thurs, September 24, 2020  
**Registration** 7:30 pm–8:00 pm EST  
**Program** 8:00 pm–9:00 pm EST

JOINTLY PROVIDED BY



ENDORSED BY



*This activity is supported by an educational grant from Pfizer.*

## CREDITS

### Continuing Medical Education

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and UNC Division of Gastroenterology and Hepatology. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live educational activity for a maximum of **24.0 (1.0 per session)** AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

**CEUs**: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **2.4 (0.1 per session)** CEUs as established by the National Task Force on the Continuing Education Unit.

**Contact Hours**: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **24.0 (1.0 per session)** contact hours.

## MEDICAL COURSE DIRECTORS

### Hans H. Herfarth MD, PhD

UNC–Chapel Hill, Chapel Hill, NC

### Millie D. Long MD, MPH

UNC–Chapel Hill, Chapel Hill, NC

## PLANNING COMMITTEE

### Blake Fagan, MD

UNC Health Sciences at MAHEC, Asheville, NC

### Jarrett Grimm-Vavlitis, MA

UNC–Chapel Hill, Chapel Hill, NC

### Melody Hays, MA

UNC Health Sciences at MAHEC, Asheville, NC

### Lourdes Lorenz-Miller, RN, MSN, NEA-BC, AHN-BC

UNC Health Sciences at MAHEC, Asheville, NC

#### HAVE A QUESTION?

##### Contact the Program Planner

Melody Hays, BA, MA

[melody.hays@mahec.net](mailto:melody.hays@mahec.net) or 828-257-4762



#### Special Services

828-257-4468

#### REGISTRATION INFORMATION

828-257-4475

#### FAX REGISTRATION

828-257-4768

#### ONLINE REGISTRATION

[www.mahec.net/cpd](http://www.mahec.net/cpd)

#### EMAIL

[registration@mahec.net](mailto:registration@mahec.net)

#### MAIL

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803



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### REGISTRATION FORM

Please select your desired session attendance at right.

By registering for this workshop, you are granting permission for your contact information to be shared with UNC-Chapel Hill, which is a collaborating partner of this continuing education activity.

Updated contact information.

NAME \_\_\_\_\_

CREDENTIALS \_\_\_\_\_

SOCIAL SECURITY # XXX-XX- \_\_\_\_ \_\_\_\_ \_\_\_\_ (last 4 digits required)

OCCUPATION \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME COUNTY \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

EMPLOYER \_\_\_\_\_

DEPARTMENT \_\_\_\_\_

EMPLOYER'S ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WORK COUNTY \_\_\_\_\_

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Send completed registration form to:

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803

Fax: 828-257-4768

Event #63636

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